

Location	Name	Chinese	Color	Petals	Endocrine	Physical	Emotional	Mental	Spiritual	Issues
Crown	Sahasrara	千光	Violet	1000	Pineal	Meditation	Beingness	Universal consciousness and unity	Release of karma	Inner wisdom, death of the body
Brow	Ajna	净命	Dark Blue Indigo White	2	Pineal	Cognition	Clarity on an intuitive level	Visual consciousness	Access of intuition	Balancing the higher & lower selves, trusting inner guidance
Throat	Vishuddha	清净	Light/Pale Blue Turquoise	16	Thyroid	Communication	Independence	Fluent thought	Sense of security	Self-expression, communication
Heart	Anahata	空音	Green Pink	12	Thymus	Circulation	Unconditional love for the self and others	Passion	Devotion	Complex emotions, compassion, tenderness, unconditional love, equilibrium, rejection and well-being
Solar Plexus	Manipura	宝镇	Yellow	10	Islets of Langerhans Adrenal glands Adrenal cortex	Digestion	Expansiveness	Personal power	All matters of growth	Personal power, fear, anxiety, opinion-formation, introversion, and transition from simple or base emotions to complex
Sacral	Svadhithana	本质	Orange	6	Testes Ovaries Genitourinary Adrenals	Reproduction	Creativity	Joy	Enthusiasm	Relationships, violence, addictions, basic emotional needs, pleasure
Base	Muladhara	海底	Red	4	Gonads Adrenal medulla	Sexuality	Sensuality	Stability	Security	Sexuality, lust, obsession