

# Kristal, Essential Oil

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*& Relaksasi*

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# DISCLAIMER

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Haiii.. Namaku Eva.

Saya bukan ahli kristal, apalagi Certified Crystal Healer.

Tapi pernah ikut Workshop dan Crystal Healing Course, dan seneng koleksi, walaupun belum banyak – banyak amat 😊

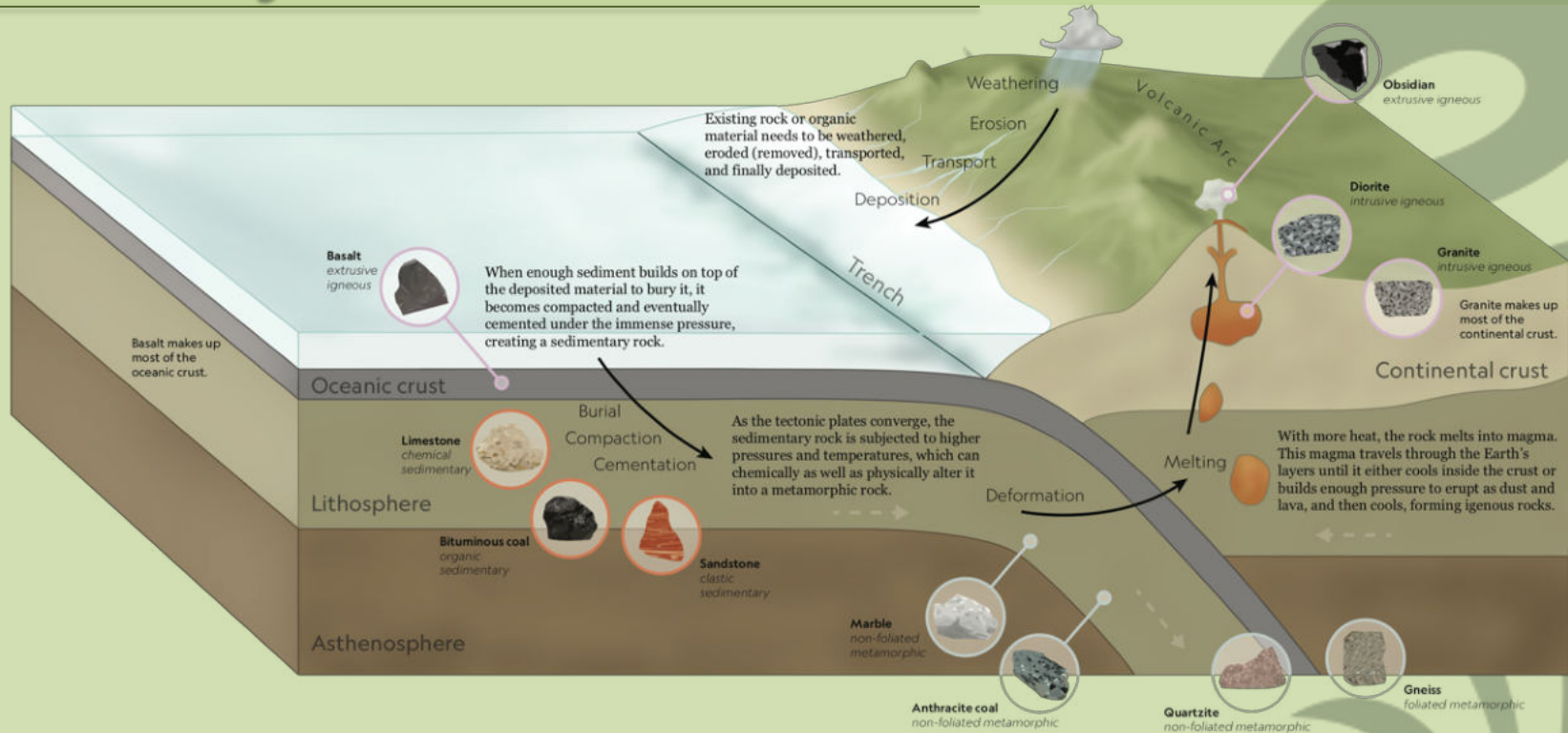
# Kristal itu apa?

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- Elemen natural bumi (*Memori bumi*)
- Komposisi mineral (*Quartz, mica, calcite, dsb*)
- Lattice Pattern (*atom, ion, molekul : Pola geometric*)
- Vibrasi Energi

# Terbentuknya batu & kristal



## Rock Subtypes

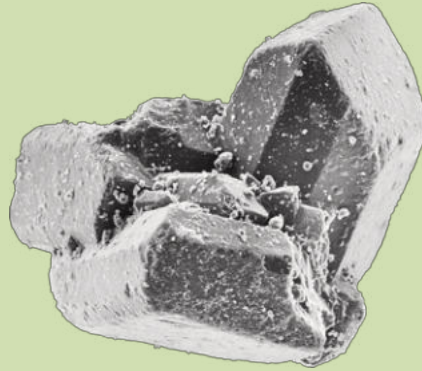
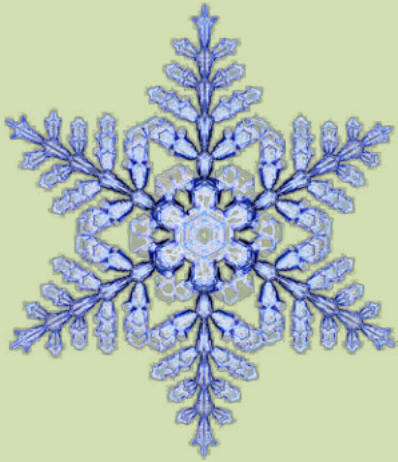
Sedimentary		
Clastic Made of pre-existing rock and mineral grains	Organic Formed from carbon-rich, biological material	Chemical Formed by precipitation from chemical weathering

Metamorphic	
Foliated Multi-layered	Non-foliated Non-layered

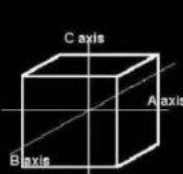
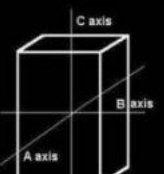
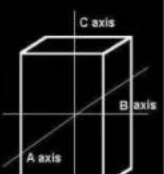
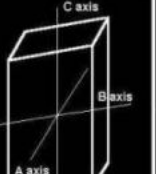
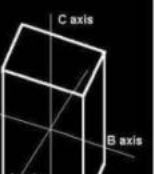
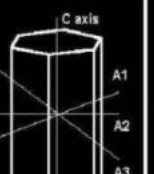
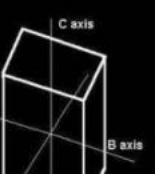







Igneous	
Intrusive Formed inside the Earth	Extrusive Formed at Earth's surface

# Wujud kristal

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# Lattice Pattern

Crystal Systems						
Isometric	Tetragonal	Orthorhombic	Monoclinic	Triclinic	Hexagonal	Trigonal
						
						
Fluorite	Wulfenite	Tanzanite	Azurite	Amazonite	Emerald	Rhodochrosite

# Kenapa warna warni ?

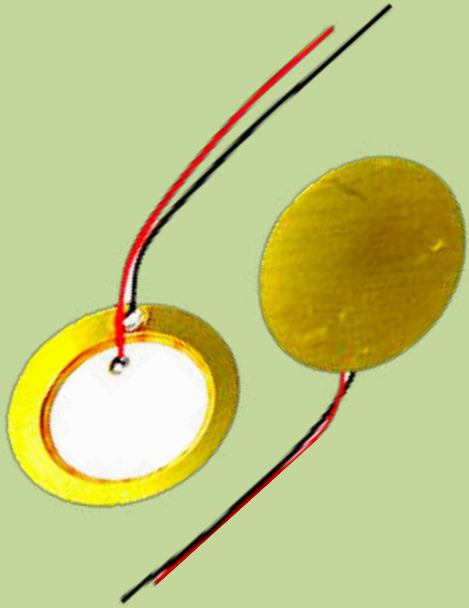
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- Sinar UV yang diserap
- Komposisi mineral & kuantitas
- Impurities

# Crystal & Technology

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- Computer chips
- Jam Tangan
- LCD
- Fiber Optics
- Sonar



# Crystal & Technology

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# Crystal & Technology



# Crystal Healing & Energy

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- Fisiologis
- Emosional
- Spiritual

# Crystal Healing & Energy

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- Menyelaraskan emosi
- Beban masa lalu
- Gelisah
- Membantu tidur
- Berkah & Rezeki
- Energi Positif
- Proteksi Spiritual
- dsb

# Adopsi Kristal

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- Intuisi
- Suka nggak?
- Nyaman
- Resonansi
- Muscle Testing
- They speak & choose you

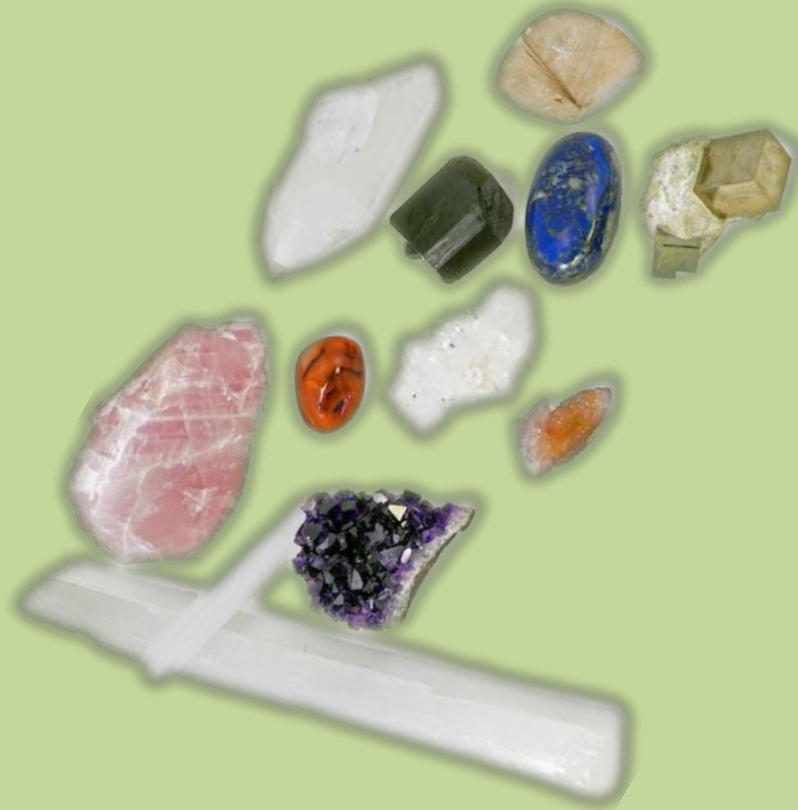
# Mengenali bentuk



- Natural point (*directing energies*)
- Double Terminated (*both directions, expand energies*)
- Twin (*Love, togetherness, soul blending*)
- Cluster (*generate energy outwards, protectors of harmony*)
- Geode (*spiritual protection, destruction habits, soften harsh energies*)
- Generator (*tower-amplifies & generates, groups, team building, etc*)
- Phantom (*universal awareness, higher realms, spirit guide*)
- Abundance (*prosperity, wisdom, abundance, etc*)
- Dan sebagainya

# Kristal Ngetop

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1. Clear Quartz
2. Rose Quartz
3. Amethyst
4. Citrine
5. Selenite
6. Lapis Lazuli
7. Smokey Quartz
8. Fluorite
9. Agate
10. Black Tourmaline

# Cleansing

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- Smudging (Asap)
- Diffuse (Palo Santo, Sage)
- Aliran air
- Sound
- Energi Matahari & Bulan
- Mother Earth
- Kristal (Quartz, Selenite)
- Garam Natural



# Combine with Essential Oil

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- Pilih EO yang sesuai
- Gunakan Intensi
- Oles di telapak kaki
- Oles di chakra
- Hirup
- Diffuse



# Programming & Relaxation



1. Lakukan sendiri
2. Tune in
3. Meditasi
4. Intensi
5. Visualisasi
6. Afirmasi
7. Berterima kasih
8. Bersyukur



*Relaksasi Yuk!*