

# ESSENTIAL ESSENTIAL OILS FOR ANIMALS

Billie Dean



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The oils I refer to in this ebook are Young Living Oils, which are the ones I use and recommend because I believe they are incredibly high quality and effective. Oils from other sources may not have the same effect as the same oils from Young Living. I am also a Young Living Independent Distributor, number 770852. I use the oils extensively for the animals of Ballyonree Animal Sanctuary.

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# Essential Essential Oils for Animals

## Essential Essential Oils for Animals

### Introduction

I live on a farm where there is no local vet care and as we are responsible for the care and health of many four-legged and feathered Beloveds who come to us for sanctuary I have been grateful for my knowledge and training in what I call traditional healing.

Among the many modalities I have studied, Medicinal Aromatherapy was one of them. But even though I understood how Aromatherapy was supposed to work, I was never drawn to the oils available. They never felt right. And I didn't get results.

Then I was introduced to [Young Living Essential Oils](#) and found in them a quality I couldn't deny. There was something extra at work here – healing on the spiritual and emotional level as well as the physical. This is important – in fact essential, in any healing situation.

Animals share the same emotional world as we do and not only do they have their own to deal with, but they have ours to deal with as well. And in dis-ease, emotions are like hurt inner children creating imbalance in a body constantly striving for homeostasis. Heal the root cause of dis-ease – and the body can often heal itself given a healing environment. This for me always includes Peace, Divine Love and Deep Forgiveness; loving oils which work on the organs and cells as well as giving love, care and allowing emotional release, a clean and vibrant chakra system, and high nutrients to nourish the body.

My interest in medicinal grade essential oils as a healing modality skyrocketed with the discovery of these special oils from Young Living, and what I love about them is the different ways you can employ them in healing. My daughter, for example, refuses to take herbs because they don't taste nice – so when she picked up a flu or a cold or any other type of virus, I would put some essential oils in a bowl with hot water and let the gentle steam do its work.

One rescue dog came to the sanctuary with chronic “nasal inflammation” so the first thing we did was introduce her to diffused oils so she could breathe without conventional drugs. She would sit

with her face in the gentle mist and find peace. It wasn't long before she was able to breathe without sounding like a lion roaring! However, in the diffuser were also oils to address other concerns which created the "nasal inflammation" in the first place – for example, anti-inflammatory oils, oils to help the digestion and catarrh and oils to sooth and bring love to the cells to help combat tumours.

This ebook includes a list of the essential essential oils that I always have for any emergency at our animal sanctuary.

## Using the Oils and Being Careful with Them

**Note:** Test all the oils on yourself first so you know which are hot and which are cold and which are mild. The citrus oils tend to be photosensitive, so please put where the sun don't shine!

**Note also:** Be careful of puppies, cats and kittens, birds and rabbits, guinea pigs, etc., when using the oils. Sometimes with the smaller animals of more delicate nature, all you have to do is let them smell the oil for the desired result. This could be as simple as having the smell on your hands. Traditionally you put an oil where it was needed, but you can't drop oils down an ear cavity for example. Instead, place a little oil inside the tip of the ear massaging in. Go lightly. These are strong and potent oils and sometimes all is needed is a homeopathic dose. They are very concentrated and can travel to every cell of the body in about 20 minutes.

### **Safety Tip:**

*When using the oils, don't use water if you get in eyes!! Use vegetable oil. Water drives the oils in deeper. So please take care.*

For example, following the recipe of Melissa Shelton DVM, I made up her very diluted Kitty Raindrop (2-4 drops of each Raindrop oil in a 30ml bottle with the V6 carrier oil) to give to a senior and quite fragile dog every night. Just a couple of drops up and down the spine and then gently massaged in. We saw profound changes to his strength, the fleas no longer liked him and he no longer got his little viruses and temperature spikes.

Other dogs need more. But I always start lightly, and listen and observe.

I also love dropping the oils onto the chakras for a chakra balance – the oil Valor is particularly good for this.

I will also drop the oils on my hands and then rub into the coat on the organ indicated.

With dogs I apply to paws (there's actually a good place in the centre of the pad formation on the skin), and the tips of the ears inside. For all tummy problems, I'll put an oil right there on the tummy or diffuse.

With horses I apply to the frog (under the hoof), on the coronet band, inside the tips of the ears, and along the spine as per Raindrop Technique absorbed through the fur.

If they are hot oils, I would dilute with carrier oil for external use. And of course some oils are suitable for ingestion, but again care and common sense rule the day. I always ask permission, allowing the animal to smell the oil first. Internally I have given as much as 25 drops of Di-Gize to a horse with impending colic, but generally 10 – 15 drops and usually 2-5 drops to a dog, depending on size.

If you have gone too heavily with the oils, you might spark a healing crisis. The important thing is to keep the animal hydrated and drinking to flush the toxins. If they are uncomfortable, rolling, pawing etc, add vegetable oil to the medicinal oil, and sooth the area that way. I have seen swelling from too much oil – on the animal and on myself. On myself, it was after an overdose of Thieves in my mouth in an attempt to heal my teeth. I ended up blistering, going numb, (from the Clove oil) and my lymphs all swelled up. It took three of four days to recover and I used Lavender externally to help with the pain and trauma. It taught me the value of dilution and the power of medicinal oils.

So go gently – these are *medicinal* oils!

To my healing, I add the ingredient of Divine Love, creating a beautiful experience for the animal in which to receive the oils and the healing from the oils, and I personally get out of the way to let the angels and Great Spirit do their work.

## A Word About Cats

Think light, light, light! So, diffusing or just rubbing the oils on your hands and simply stroking your cat. They can have NingXia Red to help boost their systems – start off small and build up.

Only use Young Living Oils – others may create a toxic reaction if they are not really 100 percent medicinal grade. Cats are supposed to be unable to tolerate oils, but Young Living oils are proving, with blood work, to create profound healing, as studied clinically over the last two years of in the USA by Melissa Shelton DVM.

## My Prayer for the Plants

*I want to here express great gratitude to the plants for supplying their brothers and sisters with such beautiful healing throughout the ages. In this stage of our evolution we are indebted to you. I look forward to the day when you no longer need to give your lives for us, and can exist, side-by-side us as equal species without being used in any manner.*

*I honour you and I am humbled by your healing gifts. I strive daily to reach mastery and I ask for your forgiveness while I grow into the fully realised human angel I am meant to be. One where there is no need of healing in my presence, for all become the perfection we are meant to be. Thank you. Many blessings to every plant soul. I am so grateful to you. Billie Dean*

## And Now to the Oils!

### Geranium

This is one of my Young Living favourites. I use it directly on wounds if the emotions need calming, because it has a nurturing and calming effect as if a beautiful angel had come into the room with you. I will also pop a couple of drops in an herbal antiseptic rinse such as Calendula and Hypericum, which I use in wound cleaning. Geranium is brilliant for bruises – even nasty ones from falls or horse kicks. I know this because I gave it to a natural horse trainer after he was kicked by a wild horse in the shin. He was surprised to be able to walk the next day and have little bruising! To his credit, this trainer knew he had asked too much of this horse, who ended up at our place where he hasn't displayed any signs of aggression at all.

Apply directly – Geranium absorbs pain and calms the area so you have less or no bruising. And it is good for calming animals and people in general – of course if the people are calm, the animals are. I will use this oil as a scent on my hands when I am interacting with new, troubled or wild horses. Horses respond beautifully to it. Geranium also helps to release negative memories, eases nervous tension, and balances emotions and hormones. It lifts the spirits, fosters peace, well-being and hope. I love it!

However Geranium has many more uses than calming and bruising. According to Robert Tisserand *How to Use Plant Oils for Health and Beauty* (which sadly appears out of print, but there are many other [Tisserand books on Amazon](#)), it acts on the nervous system as a sedative and also uplifts. So it is anti-depressant. It also works as

an analgesic and is antiseptic – hence its action for wounds. And it stimulates the adrenal cortex.

It's used in skin care and lice, is helpful in diarrhoea, ringworm, shingles and sore throats. It is not my first choice for wounds on its own. But I tend to use it with the oils Melrose, Purification or Lavender – not because of its antiseptic benefits, but because of its emotional benefits. Like I said – an angel in a bottle!

## Lemon

This beautiful, sharp, clean oil stimulates the immune system and is therefore of prime significance in the treatment of cancers and any animals attracting fleas, mange, lice – which shows a depression in the immune system.

According to the [Essential Oils Desk Reference](#) (Amazon link to 4<sup>th</sup> edition, although a 5<sup>th</sup> edition is on its way as I write and highly recommend), it is highly anti-tumoral, being rich in limonene, and good for parasites, memory, anxiety, and digestive problems. It's also antiseptic.

One of my dogs had a tennis ball sized tumour in her gut, which disappeared. Lemon, Orange, Lemongrass, Frankincense were the oil part of her protocol. I gave her about 3 drops of each internally with her meals twice a day. (Do not try this with cats!) She is a Great Dane/Mastiff Cross – so not a small dog.

I found out later that Tsuga is also a brilliant “wrong-cell” fighter so that has now gone into my list of oils to help reduce tumours.

I use Lemon particularly as a rinse or added to cream, or both, in skin conditions for dogs. It is particularly beneficial in wombat (sarcoptic) mange. I wash in Neem oil with shampoo and follow with lemon rinse or cream. Not only does it have the effect of making the dogs feel clean (very important), it boosts the immune system, which is an underlying problem and side effect of skin conditions such as mange.

Of course, most other skin conditions are caused by allergies and poor diet. **Hint:** Share your own dinner with your dog. He'll be healthier. Include lots of pulped raw veggies as a standard base, and chia seeds for the important omegas. See my book *Secret Animal Business* (at my [web site](#) or on [Amazon](#)) for more tips on a healthy diet. From Young Living, I would also add enzymes, Sulfurzyme, and NingXia Red which is highly anti-inflammatory – and tastes good too.



I also use Lemon oil diffused to protect from or heal infectious diseases. I'd be using it for kennel cough, distemper, parvo and flu, for example. Add other oils such as Melrose and Lavender and Thieves diffused – and whatever else is needed for the particular condition.

## Lavender

This oil is a must in any first aid kit. Like Geranium, it normalises the body, bringing balance. I find it sharper than Geranium, like a good, efficient, kind nurse. I see her in a starch white apron over a blue dress. She's wonderful in wound healing being antiseptic in nature, and she also aids cell renewal. Mildly analgesic, she also relieves pain. And being calminative, she is also very helpful in times of shock of a tear in the skin or break in the bone. So think Lavender for wounds and trauma. And also burns.

Tisserand outlines a huge list of properties and uses for Lavender. It is anti-convulsive and anti-spasmodic, and it is in the Young Living blend Aroma Seiz, which I use for my epileptic dog as part of her protocol. If she is chewing her paw, it is generally a sign of tension building, so I will drop Aroma Seiz on it and/or along her spine as per a Raindrop Technique (described below) and she will fall into a relaxed sleep.

Lavender is wonderful for the nervous and tense animal and also for those with heart conditions related to tension. It lowers the blood pressure. It's anti-depressive, helps to relieve pain, can be used in conditions of catarrh and colic, abscess and even paralysis, sunstroke and rheumatism.

An animal with nervous exhaustion can benefit from Lavender as well and any digestive upset due to nerves and emotion. Rub a couple of drops on the tummy.

I love to add Lavender for a calming dog bath and to relieve itchy skin. I have used Lavender and Melrose for thrush and deep cracks in the frog of a horse. I use in wounds with Melrose and Geranium – Melrose, and then alternating Geranium and Lavender or whatever the oils "tell" you. I also use Lavender alternating with Frankincense for external tumours on horses and dogs. Be patient – it has worked on a pony of ours!

I have also used Lavender for insect bites, stress, and tension. And also for lice in horses -- rubbed into the coat diluted with a carrier oil.

Lavender is also lovely to use during the dying process and afterwards for grief for both animals and humans. Gently anointing the oils is a beautiful and nurturing, loving gift.

## Peace and Calming

This is a blend containing Blue Tansy, Patchouli, Tangerine, Orange and Ylang Ylang for a deeply calming effect.

I have used this very successfully to ease dying horses and watched as they took deep breaths, inhaling calm just from the open bottle. One dying mare slipped away peacefully within minutes of dropping about 15 drops inside her gum.

I have used this to great effect internally and externally in times of colic in horses, particularly if the animal is feeling stressed. Tips of ears and inside the lip. And rubbed liberally on the tummy.

I have also used it as part of a protocol for epilepsy. A couple of drops in rice milk in between seizures during a cluster. Rubbed on the chest, even raindrop style down the back. It is calming and balancing and the Blue Tansy helps combat anger and negative emotions as well.

One drop of Peace and Calming on the chest of our baby goats and they settled off to sleep.

I would think about Peace and Calming for any stressful, anxiety-riddled situations, like separation anxiety, vet visits, floating, dentist, farrier, settling into a new home, going to the kennel, and definitely in pounds and shelters. It can be used with Valor (inner strength and balance) and Geranium (Angel in a bottle). For fosters and rescues it is a lovely recovery blend.

It helps any animal feel calm, peaceful and loved.

## Peppermint

This is another oil with a wide variety of uses, and I see a young man with lots of vitality and alertness in this bottle of oil. He is highly anti-inflammatory, soothing to the gut, cooling, analgesic, sedative and anti-parasitic. So for pain relief, you could add with other analgesic oils like Lavender, Frankincense and Palo Santo.

I have used Peppermint with tremendous success as an anti-inflammatory in times of laminitis (founder) and for general inflammation, including arthritis.

I also use it to ground an animal after a seizure and bring back to a state of mental alertness. Also good for long drives to keep the human focused. It also helps to ground after a shock. Great for headaches (rub on temples but not near eyes), and also tummy upsets, especially those which involve wind. Also use this oil for colic to sooth the tummy. Can rub on the tummy. Good for carsick dogs!

I have used Peppermint to help a dog with a high fever – sprinkled on his body with a cool towel over him. **Warning:** it is very cooling and quite sharp. I had puppies who hated it! So be aware of the sensitive dog who perceives it as an oil who bites! Use with caution and perhaps simply dilute with carrier oil like Young Living V6 oil, or simply diffuse.

## Valor

This is a blend of Rosewood, Blue Tansy, Frankincense and Spruce. It is anti-infectious, anti-spasmodic, releases anger from the liver, helps one to feel in self-control, balances, grounds and is anti-depressive. And more! It is called Valor because it helps with courage, confidence and self-esteem. And it helps the body correct itself – its balance and alignment.

I love it for all horses in work or rescued, and any tense or worried dogs.

This is my osteopath plus angel energy oil. It helps balance electrical energies in the body, relaxes muscles and ligaments along the spine, and is very good to help minimize seizures in epilepsy. I combine with Aroma Seiz for this condition.

I love giving a Valor balance before any oil treatment – sometimes all one has to do is rub a couple of drops in your hands over the heart chakra for instant effect. We did this for a flighty new rescue horse and he looked surprised as it took effect, calmed him right down and helped him accept his healing at a deep level.

When a horse is tense, worried and anxious, it can affect their body systems. So this is where Valor is wonderful. I will also use this oil when I meet a horse or dog who doesn't trust, is shy, or fearful with behaviours resulting from this – and often combine it with Geranium. I also always use Valor for animals with lower back problems, who are having trouble walking, or other spinal issues. Use on a horse's coronet band, on paws, and along spine as per Raindrop Technique (again, described below).

Finally, give a Valor Balance – a drop on each chakra, then rub in clockwise, for a beautiful balancing treatment. It must be clockwise otherwise you can create problems by leaving chakras open creating instability and lowered immune response in the body. Clockwise activates the chakra and this is what you want.

## Frankincense

I can't say enough about this oil. I use it every day for a multitude of reasons and animals. Think high frequency, life-affirming, and immune boosting. It is a holy oil. And as such I revere it – him. I feel like I am in ancient times with this precious oil. I see a man in sandals and gown – he is a precious gift to humanity. This oil connects one to Spirit and brings harmony to the body, mind and spirit. He brings protection and love to any animal and helps them renew themselves, as the increased frequency invigorates the body system.

My anti-biting insect, anti-parasitic, immune boosting and life affirming recipe for horses is: Orange, Lemongrass, Lemon, Di-Gize. Thyme, Peppermint, Copaiba and Frankincense in apple or berry juice, then given with a syringe in the mouth.

Frankincense needs to be part of every anti-cancer protocol because it is so life affirming and high frequency. It is also anti-catarrhal and expectorant, so I use it for my dog who has nasal inflammation. And I would use it any time there is need for elevation of the mind and senses, which the oil also soothes and warms – like the beautiful loving ancient healer he is. He helps drive away negative thoughts, counters depression, and returns a desire to live.

Frankincense is an especially beautiful oil for the mature animal. I call it my youthing or longevity oil. Use for age-related conditions. When our senior pony lost his best friend and grooming companion, I noticed his grieving had lowered his frequency and immune system. He developed a bump on his nose. I dropped Frankincense onto it and notice him lift and return to us emotionally. He had interest in life again. It was immediate. Later I noticed the bump disappear as well. I only treated the bump about four times before other animals took my attention – two months later the bump had gone.

So it is an excellent oil to give in bereavement.

For tumours, think Frankincense first. Tsuga is the number two anti-tumour oil. Add your emotional oils like Orange internally and Lavender externally. Diffuse too.

If you think high frequency oils can overcome low frequency disease – cancer comes in at 42 Hz according to studies done by Bruce Tainio of Tainio University, Washington USA. Medicinal oils start at 52 Hz and go as high as 320 Hz (Rose Oil).

## **Palo Santo**

I use this oil any time psychic protection is needed. I studied Inkan shamanic healing and Palo Santo is used traditionally to cleanse heavy, dense or negative energies. From the same family as Frankincense, it is also a spiritual oil, and can be used in combination with other oils for pain relief. And is an immune stimulant. Use topically. Think of this oil for an animal suffering from abuse, either physical or verbal, or who has low thoughts about themselves from their human contact. It could also be used for show animals going into competition where there is a spirit of spite and abuse instead of co-operation, partnership and joy among the humans and the human-animal relationships.

Can be used for healing ligaments and tendons in cats and other sensitive animals, being milder than Lemongrass which is usually used for these conditions.

## **Joy**

This blend has large dollops of Ylang Ylang in it, which is anti-spasmodic, vasodilating, anti-inflammatory and can help to regulate the heartbeat.

Either one of these oils (Ylang Ylang or Joy) is superb for lifting the spirits of animals who are depressed, grieving, in the dying process, anxious, who have been abused or neglected. It helps adjust to new homes, and helps to restore confidence, contentment and connection to Source. It helps rebuild trust and contributes to joy and well-being.

I also use this oil as part of my anti-seizure protocol and also to help create feelings of harmony in the pack. Put just a drop on each dog's paw or heart chakra for a few days, especially when introducing newcomers. Try it for separation anxiety, along with Peace and Calming.

## **Melrose**

This is my number one wound oil. I have used this oil topically with great success on nasty wounds which should have been stitched.

Highly antiseptic, anti-bacterial and anti-infectious, it helps regenerate damaged tissue and reduce inflammation.

It helped me tremendously when one of our wild horses had his leg cut to the bone after getting tangled in a fence. It has Melaleuca, Naouli, Rosemary and Cloves in it, which all talk to me of anti-infection, but also of clear-headedness and get on with the job. And because we were unable to get a vet, I cleansed and packed the wound with Melrose, Geranium and organic honey. (Manuka honey is highly anti bacterial, soothing and healing. Commercial honey is usually junk, and Organic honey is also healing but not as good as Manuka. For this horse we used mostly organic honey because that's what we had on hand, with paw paw (from health food store) and the oils.

I also used Lavender, sometimes adding to the mix or alternating. There was no need for antibiotics and it never got infected. So this is great for all kinds of wounds, including puncture wounds and anything with pus, and in a diffuser or vapour steamer for infectious diseases.

## Di-Gize

This is another brilliant oil blend with Tarragon, Ginger, Juniper, Anise, Fennel, Patchouli, Peppermint, Lemongrass. I used this for the first time to help a horse with colic, and have never looked back. It gets the digestion moving and is anti-parasitic. Now I use it as part of monthly worming and life-affirming protocol for both horses and dogs.

It is soothing, warming, and stimulating. It settles the tummy and even combats candida, which is great to help boost the immune system and to help combat cancer as candida lowers the immune system and makes the body a playground for AWOL cell changes.

I won't be without Di-Gize in the house. Our senior pony was tense with pain from an abscess, which had poor digestion as a cause. He was looking at his side and his stomach was getting quieter and quieter. Danger signs! I gave him 25 drops of Di-Gize and kept this up for several days, moving down to 15 drops and then 10 drops, and alternating with Lemongrass. His stomach is fine and his abscess cleared as well.

In traditional medicine, we have a saying that all disease starts in the gut. So prevention of gut problems goes a long way in keeping problems away.

## Purification

This is an oil blend with Citronella, Lemongrass, Lavender, Rosemary, Melaleuca and Myrtle. It is great for cleaning and disinfecting cuts, wounds and insect bites including spiders. It is also a drawing oil for things stuck in the skin.

I have used it very successfully in wound healing.

It has a multitude of uses if you think anti-bacterial, anti viral, anti fungal.

## Thieves

This is a blend with Clove (highly analgesic, anti microbial, and antiseptic), Lemon, Cinnamon Bark (one of the most powerful antiseptic known), Eucalyptus, Rosemary. This is so anti-infectious and antiseptic – but very hot! So apply with care. Externally it is fine but may need diluting. Internally, I caused my own mouth to blister when I sprayed it on my teeth. I was numb for three days and my lymphs blew up! Hmmm – dilute!!! However I have used it when baking a fruitcake to excellent effect.

This oil is a great one to diffuse, especially when there are airborne microorganisms. It can be added to carrier oil to help clean and clear the system externally – especially of moulds and viruses. It's a great protector. You can use preventatively.

Use for wounds, but be careful – it is hot –so take care. I would not use it on raw flesh. I'd use it around a wound – go for Melrose or Purification first up. I have used it to great effect in greasy heel both neat and in paw paw and honey. And for any fungal hoof infections.

I have also used with Lemongrass as an anti flea rinse for dogs, knowing it was going into the system to heal other challenges and boost the immune system so the fleas would no longer be interested.

## Copaiba

This is the most powerful anti-inflammatory oil, and according to Melissa Shelton DVM, it is a magnifier oil – so you can add this to magnify the effect of the oil you are using. She likes to layer the oils with Copaiba and then Peppermint to drive it all in. Inflammation is the major cause of disease in the body so this is fantastic for all conditions. Think about adding it to all Raindrop Technique

applications as the second to last oil, and Peppermint as the final oil – to reduce pain and inflammation in diseases like arthritis.

Ocotea and Copaiba are both great pain relievers, with Ocotea acting like a local anaesthetic. Both these oils are great for diarrhoea as well.

Copaiba also breaks up tumours in the body and can be used for cystitis as it strengthens kidney functions and is antiseptic for the urinary tract. It is also used for incontinence.

It's anti fungal, helps with congestion and mucous build up and is anti-carcinogenic.

## **Worming**

Anti-Parasitic oils include: Clove, Di-Gize, Lemon, Lemongrass, Melaleuca alternifolia, Mountain Savory, Myrrh, Ocotea, Peppermint, Rosemary, Tarragon, Thyme, Vetiver, Ruta oil.

You don't need all these oils. I tend to use oils like Clove, Di-Gize, Lemon, Lemongrass, Thyme and Peppermint. And I know their action is more than just worming, but providing healing to many parts of the body.

For the horses, I add the oils to some herbal vermifuges, like aloes, wormwood, black walnut, tansy, and garlic. I put a mix of these into some apple or berry juice to make it palatable, and syringe orally. Actually, several of my horses drink it straight from the bucket if the mix is to their taste. They like Cloves and Di-Gize, as well as the juice.

I worm for the four days prior to and including the full moon every month. Tests have shown that this is when the worm activity is highest, especially two days before the full moon. This worming treatment also keeps them healthy in other ways.

I like to change the mix around every few months to ensure its long-term efficacy.

If the gut is healthy and the immune system is high, I find there is generally less parasite activity.

## **Raindrop Technique with the Oils**

This is a beautiful method of healing your animal. There is a kit and a CD showing you how to use them available from Young Living. It involves dropping a series of oils on the spine, adding V6 vegetable



oil after the hot ones like Marjoram. You finish with Copaiba and Peppermint and massage into the fur. Use for dogs and horses. Cats benefit from a kitty raindrop that is highly diluted.

I used to do it the human way before Melissa Shelton showed us all a quicker way with animals. Takes five minutes!! The important thing is to get the oils on the fur where they absorb quickly into the skin. When you drop them on, they go through the etheric body into the physical body. Use for all conditions from arthritis to cancer to building the immune system. You can add specific oils in, and you can leave oils out. But to create anti parasitic, anti toxin, calming, immune boosting, anti infectious, antiseptic, anti inflammatory healing treatment with a Valor Balance to start with -- its a healing must.

Horses can welt up when they have a raindrop, that's OK. You might need to sooth with vegetable oil. It shows their toxicity. I gave Rupert the horse with a hole in his backside from an argument with a fence post, a daily raindrop for about 2 weeks. I didn't have to use antibiotics or any conventional medicine. Just raindrop and soothing, healing oils in honey and paw paw cream. The oils I used in the wound were Purification and Geranium because I didn't have Melrose. In two weeks he had healed magnificently. And my guess he had beautifully healed something else that was going on as well.

Dogs and cats may get skin irritation – use more vegetable oil.

Raindrops benefit virtually any condition and I use them a lot at our sanctuary.

### **Kitty Raindrop**

Use 2-4 drops of each of the raindrop oils (plus Copaiba) in a 30 ml bottle of V6 carrier oil. Rub Valor on hands first and then stroke the cat about to be treated.

Don't get hooked into doing this technique perfectly with the animals. Instead, just get the oils on and let them do their work. Some animals may be spooked or flighty. So, you may not have a chance or the time to do beautiful massages, but if you can – bonus.

See how the animal takes the Raindrop treatment and if it is well, you can give more frequently -- or perhaps they only need one. With our senior dog he needs a Kitty Raindrop daily right now, but our new rescue horse only needed one normal Raindrop to detoxify him. He didn't welt at all, and just enjoyed it.

The oils send a healing, cleansing, army of healing warriors into the body to bring it back into balance.

**Note:** If the horses roll or any animal looks uncomfortable, add vegetable oil to dilute. Each animal is unique so remember to go slowly.

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## Resources

For more information about Young Living Oils, go to <http://www.youngliving.org/billiedean>

*Secret Animal Business*, by Billie Dean, available at my [web site](#) or on [Amazon](#).

[Essential Oils for Natural Pet Care](#), ebook by Dr. Melissa Shelton DVM.

Robert Tisserand books ([on Amazon](#))

[Essential Oils Desk Reference](#) (again, Amazon link)

## About Billie Dean

*Billie Dean is Australia's leading animal shaman and advocate for the use of alternative modalities for animals. Born with an innate ability to understand the silent language of animals and nature, Billie made a stand for animal welfare at an early age and today personally cares for 28 rescued horses, eight rescued dogs and a host of other rescued farm animals on her country property. Trained as a journalist and professional filmmaker, Billie works tirelessly to improve the situation of animals, has written a book *Secret Animal Business*, and has made three films through Wild Pure Heart Productions, the company she runs with her husband Andrew Einspruch. See [www.billiedean.com](http://www.billiedean.com) and [www.wildpureheart.com](http://www.wildpureheart.com).*

